



ST. COLUMBA'S







Hyperlinks

Click on the underlined words and it'll open a webiste with more information.

E-Cards

Instead of posting Christmas cards why not send e-greetings cards and make a donation to charity instead?

Big Garden Birdwatch

24/25th Jan

This is the world's largest garden survey! Sit back and count the birds in your garden

RSPB

Too much food?

It's easy to buy too much food at Christmas, why not use the **Olio food app**

you can redistribute unused food to other people in your area



Green Christmas

Christmas is a wonderful time of year but it's so easy to buy and eat too much! If you're dreaming of a green Christmas here's a few tips to help.

- * Buy quality not quantity too many gifts are unwanted and disposable
- * Avoid glitter it can't be recycled and lingers in the environment



- * Look at the materials gifts are made from look for Fairtrade, Organic or **FSC** certified goods
- * Avoid foil or glitter wrapping paper, why not reuse fancy paper carrier bags or have a go at **Furoshiki Wrapping**
- * Look for FSC certified crackers or make your own
- * Use LED tree lights and switch them off at night to save energy
- * If you buy a plastic tree make sure you reuse if for at least 10 years
- * If you have a real tree don't forget to book your slot with Hospice to get it **recycled**



Why not give **Veganuary** a try this year. 1-31st January try eating a vegan diet. If that's too much start gently and try it once a week. There are lots of plant based options available in supermarkets and restaurants and eating less meat really does help the environment.





ECO
FRIENDLY
TIPS

Christmas Walk

If you're going on a turkey busting post Christmas walk why not take a bag with you and collect any rubbish you spot.

It's a great way to get some exercise and help the environment!

Recycle

Don't forget to recycle your cards, foil & glitter free wrapping paper and all the packaging





Gill Lanyon

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A huge thank you to everyone who took part in our beach clean in September. They cleared lots of rubbish from the beach, even digging up an old lobster pot that was buried in the sand! Well done!



Check out the church website for all the new eco leaflets and tips



Thank you to everyone who supported and volunteered to help at the Pre-loved clothes sale and to Hilary-Ann for organising it. St.

Columba's raised funds to run a Body, Mind & Soul course in 2026 and we

course in 2026 and we Happy Christmas everyone! recycled lots of clothing!

